

Esoteric Principles of Judo

(As this document was written in years past by Professor Okazaki ; a reminder is needed that the word her is interchangeable with the word his and manliness is interchangeable with positive action and courage found in both sexes. The term Judo and Jujitsu is interchangeable also. Prof. Bob Karnes 6-2020)

These are the Esoteric Principles of DanZan Ryu Jujitsu

Since the fundamental principle acquired through the practice of Jujitsu has been elevated to a finer moral concept called Judo, "The Way of Gentleness," it may well be said that the primary objective of practicing Judo is perfection of character. And to perfect one's character, one must be grateful for the abundant blessings of heaven, Earth, and Nature, as well as for the great love of parents; one must realize his enormous debt to teachers and be ever mindful of his obligations to the general public.

As a member of a family, one's first duty is to be filial to parents, to be helpful and harmonious with one's wife or husband, and to be affectionate to brothers and sisters, so that the family may be a sound, successful and harmonious unit of the community. As a member of a nation one must be grateful for the protection which one derives as a citizen; one must guard against self-interest and foster a spirit of social service. One must be discreet in action, yet hold courage in high regard, and strive to cultivate manliness. One must be gentle, modest, polite, and resourceful; never eccentric, but striving always to practice moderation in all things. One must realize that these qualities constitute the secret of the practice of Judo.

Anyone who practices Judo should neither be afraid of the strong nor despise the weak; nor should he act contrary to the strength of his enemy because of the art he has acquired. For example, when a boat is set afloat on water, one man's strength is sufficient to move the boat back and forth. This is only possible because the boat floats, for if, on the other hand, the boat is placed on dry land, the same man's strength is scarcely sufficient to move it. It is necessary, therefore, that the weak should learn this fact with regard to the strong. The forms and techniques should be remembered as the basic art of Judo. One should never use these arts against anyone without sufficient justification. Therefore, refrain from arrogance and do not despise a small enemy or a weak opponent.

Every Student of Judo should realize that honesty is the foundation of all virtues, kindness is the secret of business prosperity. Amiability is the essence of success. Working pleasantly is the mother of health. Strenuous effort and diligence conquer adverse circumstances. Simplicity, fortitude, and manliness are the keys to joy and gladness; and service to humanity is the fountain of mutual existence and common prosperity.

As aptly expressed in the poem "The boughs that bear most hang lowest," one should never forget the virtue of modesty as one attains proficiency in the art of Judo. Do not disdain or regard lightly either literary or military art; each is important and deserves equal cultivation and respect. Within constant motion and change there is tranquility; and within tranquility, there is motion and change.

Remember always parental love and one's enormous indebtedness to teachers. Be grateful for the protection of Heaven and Earth. Be a good leader to younger men. To lead younger men well, will in the long run, mean to attain proficiency in the skill of Judo.

Like a drawing in India ink of the whispering of wind in the pines, the secrets of Judo can only be suggested.

Only through personal experience can one comprehend the mystic ecstasy of such secrets. It is said of Jujitsu that it would require ten years of practice to win victory over one's self and twenty years to win victory over others.

Whatever the trials or dangers, even "hell under the upraised sword," remain calm and remember the doctrine imparted to you by your teacher.

A noted verse reads: "For the lotus flower to fall is to rise to the surface."

Only by cultivating a receptive state of mind, without preconceived ideas or thought, can one master the secret of reacting spontaneously and naturally without hesitation and without purposeless resistance.

These are the secrets of Kodenkan into which I have had the honor to initiate you.

H. Seishiro Okazaki Judo Master Director of Kodenkan

Golden Sage Martial Arts DanZan Ryu Zenyo Bujutsu

Golden Sage Martial Arts goal and self-defense philosophy



Hurting yourself and others is easy assisting the healing of yourself and others is challenging. Generally speaking Self-defense is in accordance with your local laws is a better way to remain a respectable member of society. Skillful use of only what force is needed to escape. If faced with death or severe bodily damage the level of force for self-defense needed may be higher.

Knowing what the appropriate legal and moral reactions to physical threats from an attacker an ongoing exploration is the mission.

Can I avoid the confrontation and remove myself from the situation?

If I must defend myself or someone else what is the most efficient and the most appropriate use of force for a grab, a throw, choke, a punch, a kick, a multiple person attack? How do I defend against an attack from different edged weapons, or defense against guns, and other firearms?

In order to know how to defend against these attacks you also need to know how to efficiently deliver these attacks.

DanZan Ryu Zenyo Bujutsu and Golden Sage Martial Arts **The martial art where all martial arts are found within.**

How long do you think this would take? Answer many life times! Why study a self-defense-healing art system that is so inclusive teaching all ages and abilities and requires so much dedication, sweat, frustrations and personal challenges?

Because you, your loved ones and society benefits from another strong compassionate, skilled person strong enough to put the needs of others before their own.

What is helpful is an open mind, critical thinking, and a curiosity to learn all you can! What is essential the willingness to serve others. We seek to resolve the conflict within ourselves so that we may be ready to use conflict resolution in the real world that we help to create.

The best Martial Art first heals the violence within! The Bushidokan Martial Arts Temple





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Specializing in conflict resolution

Our System of DanZan Ryu Zenyo Bujutsu taught by the Golden Sage Martial Art School has been proven very successful in real world self-defense situations, instruction in traditional healing arts and assisting with self-discovery and positive personal development.

With this instruction you will be eligible for attaining rank in our school and with a recognized international Martial Art Federation.

Our ongoing weekly Martial Art class are long term classes in skilled conditioned reflexes and conditioning through learning throws, blocks, strikes, falls, submission holds and escapes that with time and practice offer an effective way to have a better chance at surviving an attack from a larger more skilled opponent or opponents.

Many martial arts are explored to appreciate them and to learn how to apply or defend against them. Weapons arts (modern and old) and the defense from them are also taught. Our classes provide a safe way to explore this martial art at the level of each student beginner, intermediate to advanced.