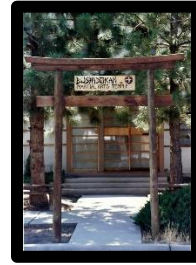




GSMA Tuesday web class  
12-15-20  
Big guy and old master

[https://youtu.be/V3L\\_GVwZI4M](https://youtu.be/V3L_GVwZI4M)



It is fun to do and to watch martial art techniques done at a high level of speed and control. They are not done against resistance as severe damage could be done to your partner. It appears in the first video that size, and youth has the advantage. A closer look will reveal the power of the soft style available to all sizes and ages.

Moses Powell, also known as Master Musa Muhammad, was an American pioneer of martial arts in the United States. He was born in Norfolk Virginia. He held the rank of 10th degree black belt and was famous for his one finger forward roll.



**Master Musa Muhammad**

### **10th Degree Kodokan Black Belt Kyuzo Mifune**

When not being used on the battle field Martial Artist have sought socially appropriate ways to test their arts and themselves. Judo came from older more brutal systems and Judo used Randori or free play to test their skills.

The older man in the second clip is 10th Degree Kodokan Black Belt Kyuzo Mifune demonstrating that "Old age and treachery will always beat youth and exuberance". David Mamet There are many hours on You Tube of this great man performing Judo at the highest level.

